

Camp Gan Israel lunch menu - 2019

	<b>MONDAY</b>		<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Week of June 16</b>	Falafel Sandwich Hummus Israeli Salad	Cream Cheese on a bagel Pretzels Fresh Fruit	Egg Salad Sandwich Potato Salad Raw Carrots	Tuna Sub Sandwiches Raw Carrots Fresh Fruit	Meatloaf Sandwich Potato Salad Raw cucumbers
<b>Week of June 23</b>	Sloppy Joes Buns Fresh Vegetables Fresh Fruit	Baked Ziti Fresh Vegetables Fresh Fruit	Meatloaf Buns Fresh Vegetables Fresh Fruit	Salami Sandwich Chips Pickles	Cheese Pizza Cucumbers Fresh Fruit
<b>Week of June 30</b>	Pasta and Meat sauce Fresh Vegetables Fresh Fruit	Turkey meat w/olive oil Tortillas Rice Tomato Honeydew	Chicken Gyros w/olive oil Tzatziki Sauce Pita Cooked Vegetables Fruit	No camp	Cheese Pizza Cucumbers Fresh Fruit
<b>Week of July 7</b>	Meatballs Rice Steamed Vegetables Sliced Pineapple	Baked Ziti Vegetables Fruit Garlic Bread	Meatloaf Sweet Potato wedges Honeydew Sliced Cucumbers	Turkey Sandwich Potato Salad Raw Carrots	Whole Wheat Bread Egg Salad Mashed Potatoes Sliced Fruit
<b>Week of July 14</b>	Meat Lasagna Whole Wheat Bun Sautéed Vegetables Watermelon	Falafel Sandwich Hummus Israeli Salad	Fish sticks Mashed potatoes Cole Slaw	Tuna Sandwich Chips Dessert	Macaroni and Cheese Cucumbers Fresh Fruit
<b>Week of July 21</b>	Sloppy Joes Buns French Fries Cooked Vegetables Fresh Fruit	Cream Cheese on a bagel Pretzels Fresh Fruit	Grilled Chicken Sandwiches on kaiser roll Roast Potatoes Sliced Vegetables	Submarine Sandwiches Cherry Tomatoes Fresh Fruit	Cheese Pizza Cucumbers Fresh Fruit
<b>Week of July 28</b>	Hamburgers and Buns Sliced Potatoes Vegetable Mix Sliced Pineapple	Cream Cheese on a bagel Pretzels Fresh Fruit	Chicken Stir Fry Rice Edamame Sliced Pineapple Fresh Fruit	Turkey Sandwich Fruit Raw Carrots	Cheese Pizza Cucumbers Fresh Fruit
<b>Week of August 4</b>	Falafel Sandwich Hummus Israeli Salad	Cream Cheese on a bagel Pretzels Fresh Fruit	Egg Salad Sandwich Potato Salad Raw Carrots	Tuna Sub Sandwiches Raw Carrots Fresh Fruit	Cheese Pizza Cucumbers Fresh Fruit